

PLEASE WASH YOUR HANDS



Wet

your hands with clean, running water, turn off tap, and apply soap.



Lather

your hands by rubbing them together with soap. Lather the backs of your hands, between your fingers, and under your nails.



Scrub

your hands for at least 20 seconds.



Rinse

your hands with clean, running water.



Dry

your hands with a clean towel or air dry them.

Protect Your Health!
